



North Tempe Multi-Generational Center



1555 N. Bridalwreath Street, Tempe, AZ 85281

Hours and Directory

City of Tempe (480)858-6500

Fitness Area

Monday-Thursday 7:30am-9pm

Friday 7:30am-8pm

Saturday 10am-5pm

Education Room

Monday-Thursday 11am-9pm

Friday 11am-8pm

Saturday 10am-5pm

Gymnasium

Call 480-858-6500 for availability

Boys and Girls Club (480)858-6502

Monday-Friday 7:30am-6pm

Saturday 10am-5pm

TCAA Senior Center (480)858-6510

Monday-Friday 8am-3pm

Maricopa County Head Start (480)858-6536

Chicanos Por La Causa (480)858-6543

Tempe YMCA (480)858-6524

Tempe Community Council (480)858-2323

Boys & Girls Club Summer Camp

May 22nd—August 4th
7:30am—6:00pm



Summer Camp at the Club offers children ages 5-12 years the opportunity to make new friends, participate in arts & crafts, play games, and have fun! Our goal is to provide every child with a summer filled with engaging activities in a safe and positive environment. Camps feature weekly themes and field trips. Registration forms are available at the North Tempe Club.

Call 480-858-6502 for more info.

Visit us Online!

www.tempe.gov/northtempe

Education Room

Use computers with the latest software or surf the internet to research topics using the same programs offered at the Tempe Public Library.

Computers are available for patrons age 6 years and older only. Printing costs .25 cents per page and must be paid prior to printing. Tempe Public Library Internet and User Conduct policies and procedures are in effect at all times. A valid Tempe Public Library card is REQUIRED.



Education Room Hours
Monday-Thursday 11am-9pm
Friday 11am-8pm
Saturday 10am-5pm

Family Bingo Nights

Bring your family, friends, and neighbors to these fun-filled events. Prizes and concessions will be available. Admission is free! Registration is required for each family. Space is limited!



6pm-7:30pm
Friday, April 29th
Friday, June 30th
Friday, August 25th

For more information or to register for Bingo Night call 480-858-6500.



Open Gym for Volleyball (16 yrs+) and Basketball (18 yrs+) is held every Wednesday from 6pm-8:45pm.

*Fitness Center fees apply
*No Spectators Allowed

Open Gym

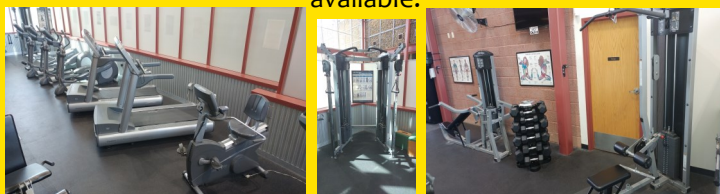
A membership is REQUIRED to use the FITNESS CENTER. Members must be 16 years and older to use the Fitness Center.

A parent/legal guardian MUST fill out a membership form at the front desk for participants under 18 years old.

Valid State Issued photo identification card is required for membership registration.

FITNESS EQUIPMENT:

2 treadmills, 3 elliptical, 1 recumbent bike, 1 upright bike, 5 multi-exercise strength training machines, 1 dumbbell set (5lbs-50lbs), 3 TV's with cable access, wireless receivers for TV viewing or radio listening with headphones, towels are available.



Fitness Membership Fees:

1 year pass- \$25.00
(valid 1 year from date of purchase)
3 month pass- \$10.00
1 day pass- \$1.00

Fitness Center

Boys & Girls Club

Our Mission: To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

North Tempe Summer Break Day Camp Dates:

May 22nd - August 4th

7:30am—6:00pm

Closed Monday, May 29th for Memorial Day

Closed Tuesday, July 4th for Independence Day

★ **Weekly Fee:** \$80 ★ **Daily Fee:** \$20 ★ **Includes:** Breakfast and Lunch

All children must be Club members. Annual Club Membership only \$25.

Week	Theme	Field Trip
May 22nd– 26th	Aloha Summer	No Field Trip
May 29th– June 2nd	Disney Week	Makutu's Island
June 5th-9th	Sports Week	DiamondBacks Game
June 12th– 16th	Classic Week	Swimming
June 19th-23rd	Color Olympics	Bowling

Week	Theme	Field Trip
June 26th-30th	Color Olympics	Wave Pool
July 3rd-7th	USA Week	History Museum
July 10th-14th	Christmas in July	Ice Skating
July 17th-21st	Decades Week	Skateland
July 24th-28th	Talent Week	Musical Instrument Museum
July 31st–Aug 4th	Superhero Week	Movies

★ Ways to save:

1. Refer a friend and get 20% off one week of camp (Referral must become a club member and sign-up for at least one week of summer camp!)
2. Pay the entire summer up front and get \$50 off (Do not need to pay for field trips up front).

Leaders in Training (LIT) program is a development program for teens ages 13 to 18 and is available at North Tempe. LIT helps empower our members to become caring, productive and responsible leaders through training and positive experiences achieved by the following guiding principles:

- Character Development
- Volunteer Service in the Club and Community
- College/Career Readiness
- Community & Cultural Awareness
- Team Building



GREAT FUTURES START HERE.

Chicanos Por La Causa

Parenting Arizona offers FREE group classes for all parents and caregivers in a community based environment. Our classes through peer based discussion seek to promote healthy relationships between family members.

Services provided:

- Parenting skills
- School Readiness
- Promoting Literacy
- Child Development Information
- Child Health Resources

Contact 480-248-0428 For Information



Tempe Community Council

Want Financial Freedom?

Do you have financial goals you want to meet?

Do you need some support in how to achieve them?

Set up some time with our Certified Financial Coaches today!

Give us a call at 480-858-2323 or email hilary_cummings@tempe.gov



Maricopa County Head Start

Registering Now for 2017-2018!

Services provided to families include: Education to parents and children, meals for children, support for helping your child be healthy, safe, and ready for school. We provide referrals for community resources and much more! All services provided free of charge.

Documents needed:

- Child's birth certificate
- Parent/guardian proof of income
(W2 or 1040 tax form & current payroll stubs)
- Proof of address (utility bill or rental agreement)
- Child's Immunization record

Early Head Start

For ages 1 to 3 years
One Full Day Session
8am– 2pm
Monday - Friday

Head Start

For ages 3 to 5 years
One Full Day Session
8am– 2pm
Monday - Friday



For questions or to enroll call 480-464-9669 • 2150 S. Country Club Dr., Suite 7 - Mesa, AZ 85210

Tempe Community Action Agency

The North Tempe Senior Center is operated by the Tempe Community Action Agency (TCAA). The Center offers billiards, books, magazines, television, playing cards, and a collection of board games. Programming includes luncheons, presentations, classes, special events, bingo, and a home delivered meals program. The senior center and its programs are for guests 60 and older. Visit TCAA's website www.tempeaction.org for more information.

Volunteers Needed for home delivered meals! Contact Kathy Flores at (480)858-6510

Senior Center Daily Activities

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Walking in the Gym 8:30am-9:30am	Walking in the Gym 8:30am-9:30am	Walking in the Gym 8:30am-9:30am	Walking in the Gym 8:30am-9:30am	Walking in the Gym 8:30am-9:30am
Silver Sneakers 9:30am-10:30am	Geri-Fit Exercise 9:30am-10:15am	Silver Sneakers 9:30am-10:30am	Indoor Pickleball 9am-12pm Fee: \$1	Silver Sneakers 9:30am-10:30am
Eat Smart and Live Healthy W/ Chef Roy Mondays at 10:30am	Mahjong and Bunco 10:30am-2:00pm	Guest Speaker or Entertainment 10:30am-11:30am	Geri-Fit Exercise 9:30am-10:15am	Game Day Starts at 10:30am
			Art Class 10:30am	
Bingo 12:30pm	Lunch 11:30am Fee: \$3.50	Lunch 11:30am Fee: \$3.50	Mahjong and Bunco 10:30am-2:00pm	
			Lunch 11:30am Fee: \$3.50	

North Tempe Senior Center Special Events

April 26th– Meaningful Magic

10:30am– 11:30am Fee: \$3.50

- ♦ Dr. Tom Virden will be here to enlighten us with his Meaningful Magic show.

May 10th– Mother's Day Tea Party

10:30am– Noon Fee: \$3.50

- ♦ Join us for a Mother's Day Tea Party. Wear a Fancy Hat for the Hat Contest

June 21st– Sock Hop

10:30am– Noon Fee: \$3.50

- ♦ Come dance and join us for our annual Sock Hop. DJ Frank will be back to entertain us.

July 19th– Ice Cream Social

11:15am– 12:30pm Fee: \$3.50

- ♦ Join us for our Ice Cream Social after lunch. Create your own delicious concoction.

August 16th– Country Music Fest

10:30am– Noon Fee: \$3.50

- ♦ Country music at its best! Ronnie Hazelett is back to entertain us with his fantastic music.

Reservations are required! Call Barb Armstrong at 480-858-6512 to reserve your spot!



Activities for Youth

Basketball; Small Ball Hoops, Grades K-4

League is designed to assist beginners with the game of basketball. During the first two weeks, players will prepare for the season during Small Ball Camp; remaining weeks include practices followed by four 6 minute quarter games. Players are introduced to the fundamentals of offense, defense, man to man and zone defense. Uniform included. Fee \$89. 480-350-5222.

55294	Co-Ed	Gr. K-2	Sa	6/3-7/22	9-10:15 a.m.
55295	Boys	Gr. 3-4	Sa	6/3-7/22	10:30 a.m.-11:45 a.m.
55296	Girls	Gr. 3-4	Sa	6/3-7/22	Noon-1:15 p.m.

Basketball; Youth Hoops, Grades 7-8

Athletes are placed on a team at first day assessment. Saturday games only. Team practices held during the week. Athletes keep reversible jersey and receive trophy at season-ending banquet. Season has playoffs with championship. All skill levels are welcome. Fee: \$89. 480-350-5222.

55293	Boys	Gr.7-8	Sa	6/3-7/22	1, 2, 3, 4 p.m.
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First Five Years

Provides the latest skills and information for parenting children ages 0-5. Topics include temperament, brain development, self-calming, positive discipline, and school readiness. First Five Years® is provided through a grant from First Things First. TPL and NDI have partnered to bring this program to you. Childcare is provided by New Directions. Week: 4, Fee: None.

55227	0-5 yrs	W	5/31-6/21	10-11:30 a.m.
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Indoor Soccer Academy

Introduce your child to the joys of the world's most popular sport. Participants will learn the basic skills of soccer through development play. No class 7/3. Fee: \$15. 480-350-5800.

54841	3-4 yrs	M	6/5-7/17	6:30-7:15 p.m.
54842	5-6 yrs	M	6/5-7/17	6:30-7:15 p.m.
54843	7-8 yrs	M	6/5-7/17	7:30-8:30 p.m.
54844	9-10 yrs	M	6/5-7/17	7:30-8:30 p.m.

REGISTRATION START DATES

Tempe Residents

April 17, 2017

Fall Brochure Available

August 3, 2017

Non-Residents

April 24, 2017



City of Tempe Class & Program Registration!

4 Easy Ways to Register!

Online Registration

Visit: <http://www.tempe.gov/brochure>

Mail-In Registration

Mail Registration Form to:
Tempe Class Registration
3500 S. Rural Road, Suite 201
Tempe, AZ 85282

Fax-In Registration

Fax Registration Form to: 480-350-5058

Walk-In/Drop-Off Registration

North Tempe Multi-Generational Center
1555 N. Bridalwreath Street

Phone Registration is Not Available

Refunds/Class Cancellations

In the event of a class cancellation, registrants will be notified by phone or e-mail.

Some classes that fall just below minimum enrollment may be kept open until the day before the class begins, in an effort to avoid cancelling the class. If a class cancels, a credit will be applied to the family account. The patron may request a refund instead of a credit and the amount will be issued by City check or credit card refund.

Withdrawal requests made after class begins may be subject to an administrative fee.

Activities for Adults

Martial Arts; Karate

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch followed by basic kick-punch-block drills. Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Comfortable clothing is recommended. Instructor: Aseem. *No class 7/1. Fee: \$59. 480-350-5200.

54074 12 yrs+ Th 6/8-8/24 7-8:25 p.m.

PickleBall; Drop-In

The North Tempe will have two courts open for drop-in recreational games. All players must have a free facility membership and a valid fitness pass. Fitness pass cost: \$1 per visit, \$10 three month pass, \$25 year pass. 480-858-6500.

No Code 18 yrs+ Th Ongoing 9 a.m.-Noon

Tech Time Help

If you have taken a class offered by the Tempe Public Library Outreach Services in the past you can call and request a 30 minute individualized session to have your technical, internet, class questions addressed or you need help learning how to use the new register system. Call 480-350-5802 to schedule your 30 minute session. Fee: None.

No Code 18 yrs+ Th 6/1-7/27 2:30-4pm

Volleyball; Drop-in

The North Tempe Multi-Generational Center offers coed drop-in volleyball for ages 16 yrs+. Teams are formed on-site; one court is available for all levels of play. All players must have a free facility membership and a valid fitness pass. Fee: \$1 (3-month pass \$10, annual pass \$25). 480-858-6500.

No Code 16 yrs+ W Ongoing 6-9 p.m.

Yoga; Therapeutic

Learn to move with grace and ease while using basic breathing exercises and simple yoga poses to help relax your head, neck, shoulders and back. This class will flow at a slower pace and students of all experiences and backgrounds are welcome to attend. Bring your own yoga mat. Instructor: Kim. **No class 7/5. 480-350-5200. Fee: \$54.

54088 16 yrs+ W 6/7-8/23** 6:15-7:15 p.m.

Yoga with Weights

The perfect combination of flexibility and strength-training. Class combines yoga moves and strength exercises using 1 to 2-lb handheld and ankle weights to strengthen the core of the body. Good posture and alignment are emphasized; use of weights optional. All levels welcome. Class ends with a brief relaxation. Instructor: Joan. No class 7/4. Fee: \$54. 480-350-5200.

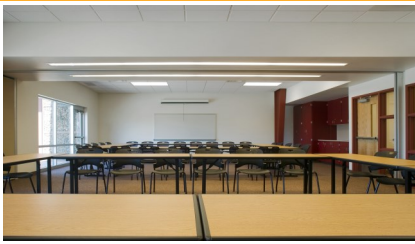
54183 16 yrs+ T 6/6-8/22 6:15-7:15 p.m.

Activities for Seniors

Exercising Your Brain: BrainHQ

An easy way to make brain health a priority. Tempe Public Library card holders can access a suite of online exercise designed to stretch your brain in new ways to help you think faster, focus better and remember more. It provides a series of mental exercises that you do to turn back the clock on your brain. 1 weeks. Fee: None. 480-350-5802.

55209 50+ yrs Th 7/27 10-11:30 a.m.



Need a Meeting/Event Room?



The North Tempe Center has rooms available for your special event/meeting. Contact us at 480-858-6500 for more information.



Silver Sneakers Circuit: Monday

9:30-10:30am

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low impact aerobic choreography. A chair is used for standing support and stretching relaxation exercises.

Silver Sneakers Classic: Wed. & Fri.

9:30-10:30am

Have fun and move to the music through a variety of exercises to increase muscular strength, range of motion and activities for daily living. Hand-held weights, elastic tubing with handles and a Silver Sneakers ball are offered for resistance. A chair is available if needed for seated or standing support.

Eligible participant's must scan Healthways card prior to class using the Tablet located at Front Desk.
Questions about eligibility? Contact 1-888-423-4632 - follow prompts for member verification and/or to order new card!

